

VA Residential Rehabilitation



Types of services and programs

- Treatment and rehabilitation services for Veterans with mental health conditions like PTSD, depression and substance use disorder, including conditions related to military sexual trauma
- 24/7 care in a structured, supportive, and comfortable residential environment
- Whole health approach to address challenges Veterans may experience, including medical concerns and social needs such as employment and housing
- In many programs, a separate and secured unit for women Veterans



U.S. Department
of Veterans Affairs

How we support each Veteran's recovery

VA operates about 250 programs at around 120 residential rehab sites across the country, with enough beds to accommodate more than 6,500 Veterans. VA residential treatment is:

- **Veteran centered.** Each Veteran helps shape their recovery plan and goals, which are collaboratively created according to the Veteran's strengths, needs, abilities, and preferences.
- **Individualized.** We offer various evidence-based treatments, including therapies and medications, so that Veterans can find what works best for them.
- **Outcome focused.** We measure success by Veterans' ability to maintain or improve on the gains they make under our care as they continue their recovery journey with outpatient support in the community following discharge.

Learn more at MentalHealth.va.gov/R RTP

